



THE SLEEP GROUP
of Pulmonology Associates

Schedules of Supply Updates and Replacements

	6 to 8 weeks	1 Month	6 months
Masks			
Nasal Pillow	X		
Nasal Mask			X
Full Face Mask			X
Cushions			
Nasal Pillows	X		
Nasal and Full Face		X	

	1 Month	6 months	1 year
Headgear		X	
Disposable Filter	X		
Re-usable Filter		X	
Humidifier Chamber (water tanks)			X
Tubing (hose)		X	

Note: Some insurances will allow for more frequent updates. Your equipment provider should tell you the specifics for your insurance. You might also need to change your equipment less frequently if you are very careful about maintenance.

How often should I wash my equipment?

1. Wash your mask daily with mild dish soap and water, or clean with non alcoholic wipe.
2. Tubing should be weekly with mild dish soap and water mix.
3. You should wash the humidifier chamber weekly with a dilute solution of water and white vinegar (2 parts water and 1 part white vinegar). Rinse well.
4. Reusable filters should be cleaned monthly (or more often as needed).

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